

**NPC**

# MID-ILLINOIS

**BODYBUILDING • FIGURE • BIKINI • PHYSIQUE CHAMPIONSHIPS**

**SATURDAY, APRIL 7, 2018 • OTTAWA, IL**

**CLASSES:**

- MIXED PAIRS: 1 CLASS
- TEEN MEN BB: 1 CLASS
- MASTERS MEN BB: OVER 35 & 45
- NOVICE MEN BB: 1 CLASS
- OPEN MEN BB: 4 WEIGHT CLASSES
- MASTERS CLASSIC PHYSIQUE: OVER 35
- NOVICE CLASSIC PHYSIQUE: 1 CLASS
- OPEN CLASSIC PHYSIQUE: 3 CLASSES
- TEEN MENS PHYSIQUE: 1 CLASS
- MASTERS MEN PHYSIQUE: OVER 35
- NOVICE MEN PHYSIQUE: 1 CLASS
- OPEN MENS PHYSIQUE: 4 HEIGHT CLASSES
- WOMENS PHYSIQUE: 1 CLASS
- MASTERS FIGURE: OVER 35 & 45
- NOVICE FIGURE: 1 CLASS
- OPEN FIGURE: 3 HEIGHT CLASSES
- MASTERS BIKINI: OVER 35
- NOVICE BIKINI: 1 CLASS
- OPEN BIKINI: 4 HEIGHT CLASSES

★ COACHES PASS

Place

Ottawa High School Auditorium  
211 East Main Street  
Ottawa, Illinois 61350

Time

Registration: 9:00 AM  
Prejudging: 11:00 AM  
Finals Show: 6:00 PM



**IFBB PRO**

**MICHAEL LOCKETT**

INFORMATION:

Jeff Johnson  
FLEX GYM EVENT PROMOTIONS  
2707 Everette Road  
Ottawa, IL 61350  
815.228.4346  
jeffj@flexgymonline.com

**LIMITED SEATING**

(For BEST Seats Get Your Tickets Early)  
Tickets will be available at the door  
Internet Coverage &  
Photos published at  
FLEXGYMONLINE.com

Host Hotel:

Super 8 Motel  
500 E. Etna Rd. Ottawa  
815-434-2888

Tickets

Prejudging: \$25.00 Gen'l Admission  
Finals: \$50.00 Reserved

Order By Mail

Bank Check or  
Money order ONLY  
Absolutely No Refunds



# NATIONAL QUALIFIER



# 2018 NPC MID-ILLINOIS BODYBUILDING • FIGURE • BIKINI • PHYSIQUE CHAMPIONSHIPS

**Date:** Saturday, April 7, 2018

**Time:** Check in 9 AM, Prejudging 11 AM, Evening Show 6 PM

**Place:** Ottawa Township High School Auditorium, 211 E. Main, Ottawa, Illinois 61350

**Contest Director:** Jeff Johnson 815.228.4346, 2707 Everette Rd, Ottawa, Illinois 61350, jeffj@flexgymonline.com

**Eligibility:** All Competitors: 1) Each competitor must be currently registered with the NPC and to meet this requirement, he/she must present his/her current NPC card, current NPC receipt, or purchase a NPC card at this competition. 2) Each competitor must be an amateur in good standing with the NPC. **MASTERS COMPETITORS:** Each competitor in this Division also: A) Must have reached their 35th/45th birthday by day of show. B) Must provide proof of age with a birth certificate, driver's license or state ID. **MIXED PAIRS:** Each entry in this Division must consist of a male & female combination and can be from any of the mens or womens divisions. **TEEN MEN:** Must have reached his 13th birthday, but not his 20th birthday by day of show. Must provide proof of age with a birth certificate, driver's license or state ID. **NOVICE:** Can't have won your class.

**Divisions:**

MIXED PAIRS ♦ 1 Class  
TEEN MEN BB ♦ 1 Class  
MASTERS MEN BB ♦ 2 Classes: 35-44, 45 & over  
NOVICE MEN ♦ 1 Class  
OPEN MEN BB ♦ LTWT 154 1/4 & under ♦ MDWT over 154 1/4 & 176 1/4 ♦ LTHVY over 176 1/4 & 198 1/4 ♦ HVYWT over 198 1/4  
MASTERS CLASSIC PHYSIQUE ♦ 1 Class: 35 & over  
NOVICE CLASSIC PHYSIQUE ♦ 1 Class  
OPEN CLASSIC PHYSIQUE: ♦ \*A Ht. \_\_\_\_\_ Wt. \_\_\_\_\_ B Ht. \_\_\_\_\_ Wt. \_\_\_\_\_ C Ht. \_\_\_\_\_ Wt. \_\_\_\_\_  
\*Requirements for height and weight categories can be found on the NPC website: npcnewsonline.com  
TEEN MEN PHYSIQUE ♦ 1 Class  
MASTERS MEN PHYSIQUE ♦ 1 Class: 35 & over  
NOVICE MEN PHYSIQUE ♦ 1 Class  
OPEN MEN PHYSIQUE ♦ 3 Height Classes: A 5' 6" & under B over 5' 6" to 5' 8" C over 5' 8" to 5' 11" D over 5' 11"  
WOMENS PHYSIQUE ♦ 1 Class  
MASTERS FIGURE ♦ 2 Classes : 35 - 44, over 45  
NOVICE FIGURE ♦ 1 Class  
OPEN FIGURE ♦ 3 Height Classes: A 5' 4" & under B over 5' 4" to 5' 6" C over 5' 6"  
MASTERS BIKINI ♦ 1 Class: 35 & over  
NOVICE BIKINI ♦ 1 Class  
OPEN BIKINI ♦ 4 Height Classes: A 5' 2" & under B over 5' 2" to 5' 4" C over 5' 4" to 5' 6" D over 5' 6"  
COACHES PASS

**Awards:**

- Overall Mixed Pairs Winners will receive **Excalibur Swords**
- Overall Winners also receive custom **Sculpture Trophies & Contest Title Jackets**
- **Custom Sculpture Trophies** for the top five in each class
- All competitors will receive a **Contest T-shirt & Souvenir Program**

**Rules:** Light oil permitted. Any contestant who competes in prejudging must also compete in the evening show. All athletes must exhibit good sportsmanship at all times.  
**Current NPC rules apply. NO TANNING DYES ALLOWED IN BUILDING.**  
*Competition Guidelines and Confirmation letter will be emailed upon receipt of entry.*

**Music:** All Mixed Pairs, Bodybuilding, Mens Classic Physique and Womens Physique contestants will provide their own music, pre-recorded on quality CD for their individual posing routine. Free posing in the prejudging will be eliminated and, free posing in the evening show will be 60 seconds with music. Mixed Pairs will have 90 seconds with music at both prejudging and finals. Mens Physique, Womens Masters, Figure and Bikini will pose to house music. (All competitors will pose at the finals.)

**Schedule:** MORNING CHECK IN: All competitors - 9 AM. PREJUDGING: 11 AM. EVENING SHOW: 6 PM.

**Entry Fee:** \$100.00 check or money order for each division entered must accompany completed entry form. Entry fees are non-refundable. All entries must be postmarked by March 24<sup>th</sup>, 2018 or a late fee of \$50.00 will be charged.  
Mixed Pairs Entry Fee Will Be Waived if Both Competitors Also Compete Individually. **No Entries Day of Show.**

**Coaches Pass:** Have your coach backstage helping you for prejudging and the finals. For \$120.00 your coach gets a pump up room pass, a ticket to prejudging and finals to help you complete your contest prep.

**Services:** **Spray Tan** - Pro Competition Tanning 815-830-7038  
**Make-Up** - Megan Melone (Megan@meganmelone.com)  
**Photography** - Chris & Amber Foss 608-850-9295 (chris@fossimagery.com)

**Lodging:** **Host Motel - Super 8 815-434-2888**  
Ottawa Visitors Center Information 1-888-OTTAWA-4

# 2018 NPC MID-ILLINOIS BODYBUILDING • FIGURE • BIKINI • PHYSIQUE CHAMPIONSHIPS

## Entry Form / Coaches Pass

Name \_\_\_\_\_ Phone No. \_\_\_\_\_  
 \_\_\_\_\_  
 athlete/coach with pass  
 Address \_\_\_\_\_ E-mail \_\_\_\_\_  
 City/State/Zip \_\_\_\_\_

### \*ABSOLUTELY NO ENTRIES THE DAY OF SHOW\*

Division (\$100.00 per entry):

**Teen Men BB**

1 class

**Masters Men BB**

35-44  
 45 & over

**Novice Men BB**

1 class

**Open Men BB**

LTWT 154 1/4 & under  
 MDWT over 154 1/4 to 176 1/4  
 LTHVY over 176 1/4 to 198 1/4  
 HVYWT over 198 1/4

**Mixed Pairs**

1 class

**Masters Classic Physique**

35 & over

**Novice Classic Physique**

1 class

**Open Classic Physique**

A Ht. \_\_\_\_\_ Wt. \_\_\_\_\_  
 B Ht. \_\_\_\_\_ Wt. \_\_\_\_\_  
 C Ht. \_\_\_\_\_ Wt. \_\_\_\_\_

**Teen Men Physique**

1 class

**Masters Men Physique**

35 & over

**Novice Men Physique**

1 class

**Open Men Physique**

A 5' 6" & under  
 B over 5' 6"- 5' 8"  
 C over 5' 8"- 5' 11"  
 D over 5' 11"

**Womens Physique**

1 class

**Masters Figure**

35 - 44  
 over 45

**Novice Figure**

1 class

**Open Figure**

A 5' 4" & under  
 B over 5' 4" to 5' 6"  
 C over 5' 6"

**Masters Bikini**

35 & over

**Novice Bikini**

1 class

**Open Bikini**

A 5' 2" & under  
 B over 5' 2" to 5' 4"  
 C over 5' 4" to 5' 6"  
 D over 5' 6"

**Coaches Pass**

In consideration of accepting this entry, I hereby, intending to be legally bound for myself, my heirs, executors and administrators, 1) waive any and all rights and claims for damages I may have against Jeff Johnson, the National Physique Committee of the U.S.A., Inc. (the "NPC"), the Illinois District of the NPC, O.T.H.S., or the agents, employees, representatives or assigns of any of the foregoing persons or entities for any and all injuries or damages I may incur while traveling to and from, or participating in the competition, and 2) certify that I am an amateur in good standing and am eligible to compete in this competition in the Division(s) in which I have entered. I further agree to abide by all decisions of the NPC and declare that all the information contained herein is to the best of my knowledge, true, correct, and complete.

Signature(s) \_\_\_\_\_  
 (If competitor is a minor under 18 years of age this blank must be signed by parent or legal guardian.)

Send completed entry form and entry fee (check or money order payable to **Jeff Johnson**) to:

**Flex Gym Event Promotions**  
**2707 Everette Rd**  
**Ottawa, Illinois 61350**

### Ticket Order Form

**LIMITED SEATING • GET YOUR TICKETS EARLY!**

### 2017 NPC MID-ILLINOIS BODYBUILDING • FIGURE • BIKINI PHYSIQUE CHAMPIONSHIPS

Prejudging: \$25.00 Gen'l Adm.  
 (available at door only)

Finals: \$50.00 Reserved

No. Tickets \_\_\_\_\_

Finals \_\_\_\_\_  
 Total Amount \$ \_\_\_\_\_

Tickets will be available at the door. For advance tickets order by March 24th, 2018 Please enclose stamped, self-addressed envelope!!! Make check or money order payable to **Jeff Johnson** and send to:

Flex Gym Event Promotions, 2707 Everette Rd, Ottawa, Illinois 61350.

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Order by Mail  
 Bank Check or Money Order Only  
 Absolutely No Refunds

# 2018 NPC MID-ILLINOIS BODYBUILDING • FIGURE • BIKINI • PHYSIQUE CHAMPIONSHIPS

You are invited to participate as a spectator or competitor in the 28<sup>th</sup> Annual Mid-Illinois Bodybuilding, Figure, Bikini, Physique Championships which will take place on Saturday, April 7<sup>st</sup>, 2018 in Ottawa, Illinois. This contest is now a **National Qualifier** and draw's competitors from several states and capacity crowds! Also as one of the few contests in the nation to offer a Mixed Pairs Division we are opening up that class to Classic, Physique, Figure and Bikini pairs competitors that will still perform the standard bodybuilding poses. Making his second appearance guest posing in Ottawa will be Chicago Pro & Vancouver Pro Champion Michael Lockett. We look forward to seeing you in Ottawa on April 7<sup>th</sup>.

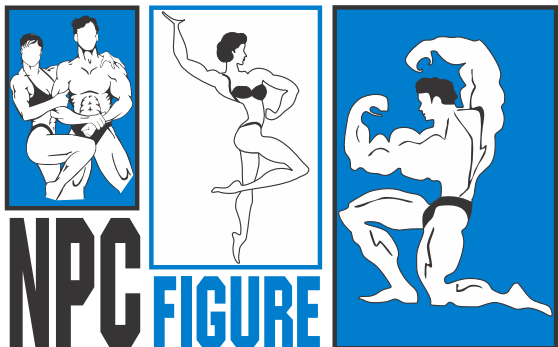
Promoter,  
Jeff Johnson



## SPONSORS

<p>Justice Wear Bikini • Figure • Physique • Bodybuilding Suits www.justicewear.com</p>	<p>EUROPA - 800-447-4795</p>	<p>BEAUTY AND THE PHYSIQUE MAGAZINE BPM FITNESS &amp; HEALTH www.beautyandthephysique.com</p>	<p>CLIQUE NUTRITION</p>
<p>RULE 1 PROTEINS™</p>	<p>PRIDE NUTRITION</p>	<p>mawnutritioninc.com</p>	<p>IVGA ILLINOIS VALLEY GYMNASTICS ACADEMY</p>
<p>RIVALUS™ WE'RE PRO-ATHLETE</p>	<p>WWW.FITNESSADDICTION24.COM FITNESS ADDICTION OWNER JOSH MARCO APPAREL FITNESSADDICTION24@GMAIL.COM</p>	<p>Pro Competiton Tanning</p>	<p>GFR Grand Fitness Repair, Inc.</p>

# MID-ILLINOIS



# NPC FIGURE BODYBUILDING BIKINI & PHYSIQUE CHAMPIONSHIPS



OTTAWA

